LAKE MONROE SAILING ASSOCIATION 2026
CLUB RACING SERIES
RULES AND SAILING INSTRUCTIONS

Overall Series: Each month of racing will be scored separately, and each month of racing will be considered one race of the series to determine the overall series winner. The overall series winner will be awarded the Hayden Trophy per the Deed of Gift. All boat types are eligible for the Hayden Trophy. There will be 12 months of racing.

1. **Rules** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS)
2. **Entries** Eligibility:

Each skipper must be an LMSA member in good standing to be eligible to win the overall series awards. Skippers must agree to submit their name into the RC pool drawing.

Race Committee (RC) Duty.
All participating skippers (and their crew) are required to assist with RC duty for at least one month of the club series when assigned.
The RC score is the average of that skipper's scores during the races they sailed. That average is rounded to the better if not an even number.This scoring incentive is only allowed for one month of RC duty per year.
Substitutions may be made with permission in advance from a Fleet Captain. It is the skipper's responsibility to find his/her substitutions and secure the permission. If a skipper does not complete their RC duty as scheduled, they will receive a DNC entry for those races. Redress may be requested to LMSA if extreme circumstances cause the absence.

Portsmouth Ratings
Each boat shall declare the correct Portsmouth rating for his/her boat before the start of each seasonal series and that number will stay in place for the duration of that seasonal series. The Portsmouth D-PN rating will be used only.
Participants are entitled to modifications of their own Portsmouth Number that are listed in table VI of the Portsmouth Numbers book by requesting D-PN modification in in writing to the executive committee. Participants may request modifications of a competitor's c Portsmouth Number by submitting a protest in writing to the executive committee. The executive committee is the racing year club officers.

Each boat owner may designate up to 3 alternate helmsman during the year-long series. The alternates must be LMSA members in good standing and regular crew for that boat. Decisions about who is regular crew will be determined by the Fleet Captain. The boat owner must helm at least half of the races sailed. Alternates can not substitute for a boat owner's assigned RC duty.

3. Notice to competitors
Notice to competitors will be posted on the official notice board located near the East door of the LMSA clubhouse.

4. Signals Made Ashore Signals made ashore will be displayed from the flagpole located near the East door of the LMSA clubhouse. If a postponement is signaled ashore, the warning signal will be made not less than 45 minutes after the flag AP is lowered.

5. Schedule A competitors meeting will be held on race days, near the East door of the LMSA clubhouse at 1200 hours except during June, July, August and September, the meeting will be held at 1600 hours. The warning signal for the first race of the day will be made not less than 45 minutes after the scheduled time of the competitors meetings. Subsequent races each race day will be held as soon as practical after the end of the previous race.
If racing is postponed more than two hours prior to the start of the first race all racing for that scheduled race day will be canceled.
No schedules club race days will be made up.

6. Racing Area
The racing area will be in an area north of the marked channel.

7. Courses, Marks and Wind Restriction
The courses will be windward-leeward, as shown in the attached diagram. The course to be sailed will be designated by a number shown on a white board on RC boat. The attached diagram shows the courses, course designations, the marks in order and the rounding direction of each mark. A maximum of 3 races will be scored for each race day.

No races will be started with less 4 knots or more than 20 knots of sustained winds.

8. Starting and Finishing Lines
The starting line will be between the leeward mark and as orange flag on the committee boat. The finish line will be between the leeward or windward mark and the committee boat.

Per the RRS Rule 26, the starting sequence is as follows:
Time left before start Signal Flag and Sound
5 minutes Warning Class flag raised, one horn
4 minutes Preparatory Prep flag raised, one horn
1 minute One minute Prep flag lowered, one long horn
Start Start Class flag lowered, one horn

9. Time Limit The time limit for each race will be 60 minutes for the first the first boat to finish and 30 minutes after the first sailboat crosses the finish line. Any boat not crossing the start line within 5 minutes of the Class Flag drop, race start, will be scored a DNS.

10. Penalties and Protests
The first two sentences of RRS Rule 44.1 are changed to: “A boat may take a one-turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than the starting mark, her penalty shall be a two turns penalty.”

Any boat intending to protest must inform the RC signal boat immediately following the race in which the infraction occurred. The skipper should wait for a break in boats finishing the race to do so. This changes RRS 61. Protests shall be filed in writing at the LMSA Clubhouse within 30 minutes after the signal boat docks. Protest forms will be available at the LMSA clubhouse.

11. Scoring

Overall Series:

Each month of racing will be scored separately and each month of racing will be considered one race of the series to determine the overall series winner The Chips High Point scoring system will be used starting this year. The overall series winner will be awarded the Hayden Trophy per the Deed of Gift.

Skipper/Boat Requirements:

Series scoring will be based on individual skipper results on a particular boat for each monthly race. Scoring for the year will be based on a specific skipper/boat combination as declared by the skipper at the start of the racing season.

If a skipper elects to switch boat types in the during the series, then each of his/her boats will be finished and scored separately.

LMSA will schedule one race day per month, with the intent to sail 3 races on a given race day. If less than 3 races are sailed on a given day, the missing races will not be made up. If for some reason, more than 3 races are sailed on a given race day only the first 3 races will be scored toward the series results.

The results of the individual races will count toward the results for that month and the number of race months that count toward the series total will depend on the number of months sailed using each sailor's best monthly race scores as follows: No. of months No. of races To be counted 12/10, 11/ 9, 10/8, 9/8, 8/7, 7/7.